

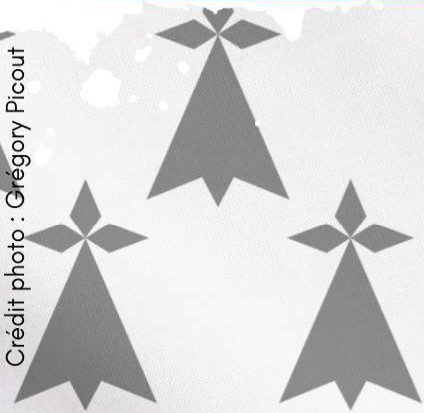
CHALLENGE BRETON

UCI C1 / Cyclisme Handisport 2024



Inscriptions

Crédit photo : Grégory Picout



Ploëzal
20 août



Plouay
22 août



Ploërmel
24 et 25 août

<https://paracyclisme-handisport.fr>





Progress

Friday 23rd august 2024 :

- 4.30 pm to 6.00 pm : Reception of the riders. Control of paracycling licences (national or international federation) and registrations. Deliverance of the bibs.

Saturday 24th august 2024 (road races) :

- 8.30 am to 10.00 am. Reception of the riders. Control of paracycling licences (national or international federation) and registrations. Deliverance of the bibs.
- 9.15 am. Start of the race for MC4, MC5, MS (Deafs) and MB for 14 laps (72,8 km).
- 9.15 am. Start of the race for MC1, MC2, MC3, WC4, WC5, WS, JMS and WB for 12 laps (63,4 km).
- 9.15 am. Start of the race for WC1, WC2, WC3 and JWS for 9 laps (46,8 km).
- 11.15 am. Start of the race for U15 for 5 laps (26 km)
- 12.30 pm. Start of the race for U13 for 3 laps (15,6 km)
- 12.30 pm. Start of the race for U11 for 2 laps (10,4 km)
- 12.30 pm. Start of the race for U9 for 1 lap (5,2 km)
- 12.30 pm. Start of the race for U7 for the Croix Fleurie (1 km)
- 10 minutes after the finish of youth categories races : awards protocol ceremony.
- 2.30 pm. Start of the race for MH3, MH4 and MH5 for 11 laps (57,2 km)
- 2.30 pm. Start of the race for MH1, MH2, WH3, WH4, WH5, MT1 and MT2 for 7 laps (36,4 km)
- 2.30 pm. Start of the race for WH1, WH2, WT1 and WT2 for 5 laps (26 km)

Sunday 25th august 2024 (time trial) :

Start every minute

- 9.00 am. Start of the time trial for "solo" riders then tandems for 4 laps (20,4 km)
10 minute break
Then start for handbikes and tricycles for 3 laps (15,6 km).
- 12.30 pm. Awards protocol ceremony and reception in the premises of the technical services.



Location

The race will take place in two municipalities : Ploërmel and Gourhel.



**Lieu du championnat
de France de paracyclisme
sur route**



**Départ/arrivée.
Rue Bernard Perrot**






Situation

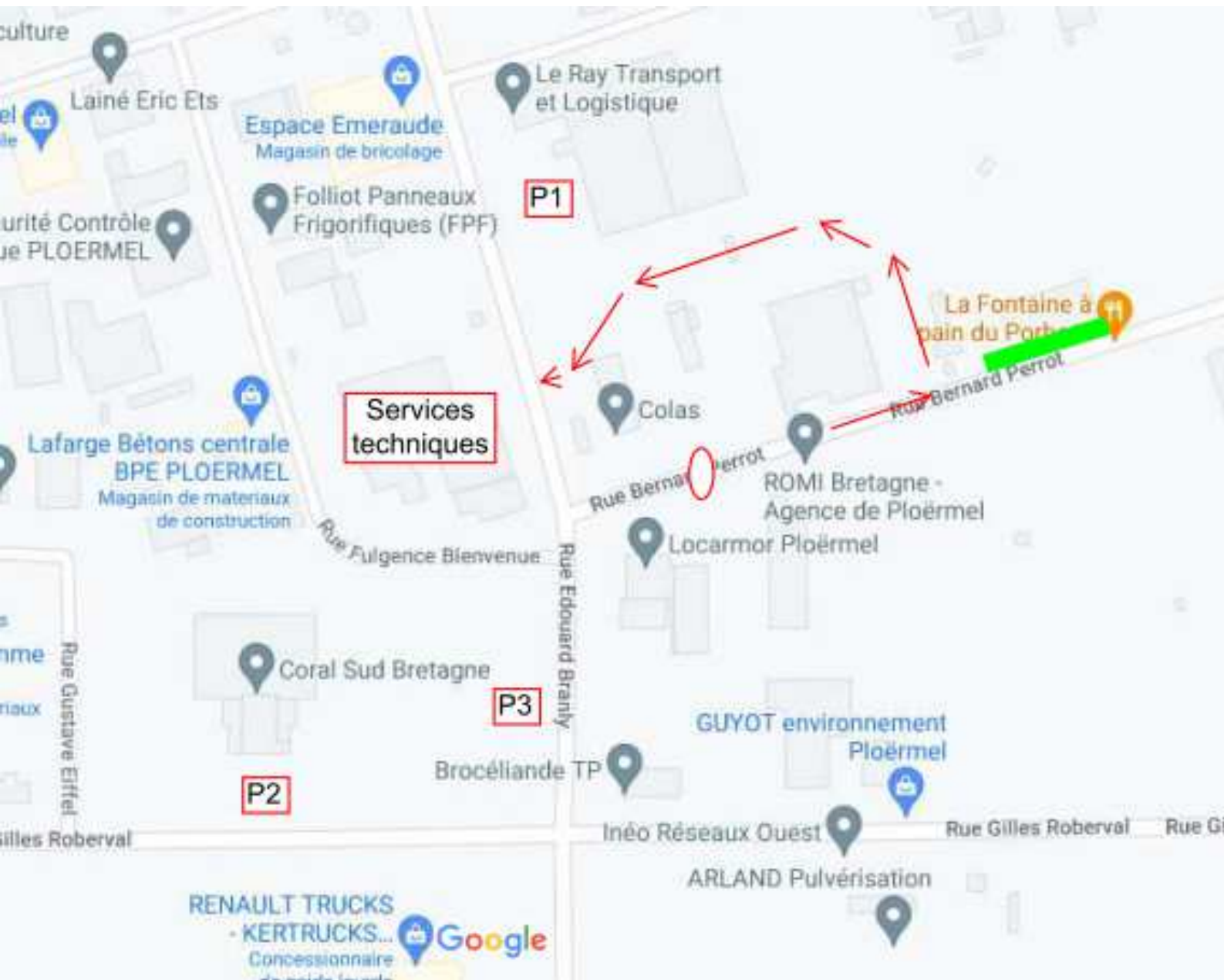
P1 : Parking n°1, on tar, for riders and campers (Transport Le Ray area)

P2 : Parking n°2, on tar, for riders and campers (Coral Sud Bretagne area)

P3 : Parking n°3, on grass, for riders and campers (in front of Coral Sud Bretagne area)

Services techniques : Registrations, controls of licences, deliverance of bibs, classifications, anti-doping controls, mealing, toilets.

-  Exit from the riders after the race (Entreprise Colas) .
-  Litter zone for riders.
-  Start/Finish.



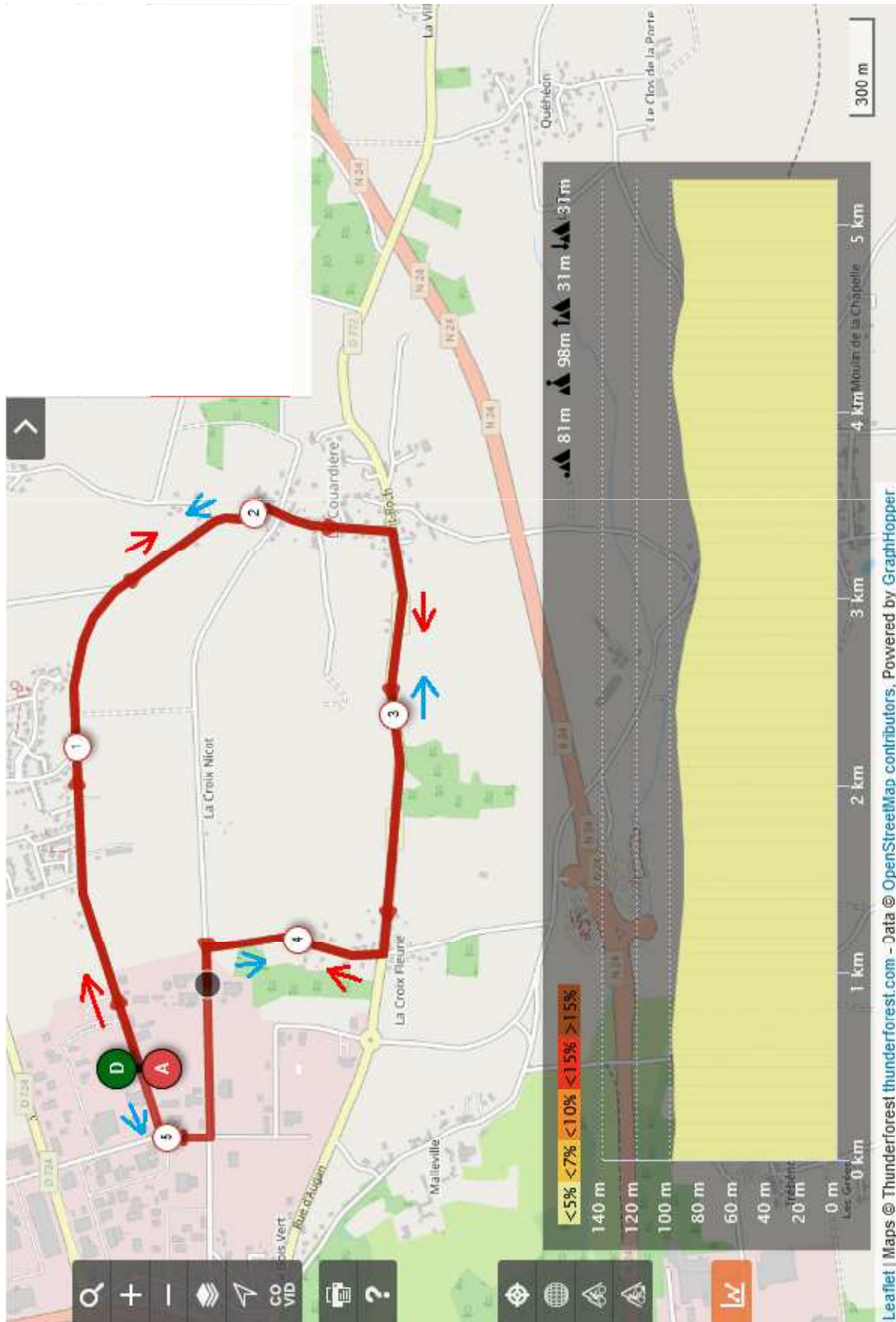


The circuit

The paracycling races will take place on a 5,2 km circuit with a denivelation of 30 m without climbs, very rolling.

→Red arrow : direction of the road race

→Blue arrow : direction of the time trial





Regulations race

The regulations applied during the events will be those of the UCI (International Cycling Union), the IPC (International Paralympic Committee) and the FFH (French Handisport Federation).

Podiums

The regulations applied for all these categories

Road race and time trial "Elite Solo", men and women, Under 45 yo :

One title will be decerned without the obligation of a complete podium

Road race and time trial "Master Solo", men and women, more than 45 yo :

One title will be decerned without the obligation of a complete podium

Road race and time trial "Tandem", men and women :

One title will be decerned without the obligation of a complete podium

Road race and time trial "Tricycle", men and women :

One title will be decerned without the obligation of a complete podium

Road race and time trial "Elite Handbike", men and women, Under 55 yo :

One title will be decerned without the obligation of a complete podium

Road race and time trial "Masterr Handbike", men and women, more than 55 yo :

One title will be decerned without the obligation of a complete podium



Règlement du Challenge Breton de Paracyclisme

Rule for the Breton Paracycling Challenge

Art. 1 : Organisation / Organization

Le 3^e Challenge de Bretagne de Paracycling est organisé sur les quatre épreuves UCI C1 disputées successivement le mardi 20 août 2024 à Ploëzal, le jeudi 22 août 2024 à Ploüay et les samedi 24 août 2024 et dimanche 25 août 2024 à Ploërmel sous les règlements de l'Union Cycliste Internationale. La dernière épreuve, le dimanche 25 août à Ploërmel, est un contre-la-montre.

The 3rd Breton paracycling Challenge is organized over the four UCI C1 events contested successively on Tuesday 20th August 2024 in Ploëzal, Thursday 22nd August in Ploüay and Saturday 24th August 2024 and Sunday 25th August 2024 in Ploërmel under the regulations of the Union cycliste internationale. The last race, on Sunday 25th august in Ploërmel, is a time trial.

Art. 2 : Participation / Participation

Conformément aux règlements FFH et UCI, l'épreuve est ouverte aux catégories du paracycling, U17 (2008 et 2009), U19 (2006 et 2007) et seniors (2005 et avant).

Following the UCI and FFH rules, the competition is open to paracycling categories, U17 (2008 and 2009), U19 (2006 and 2007) and elites (2005 and before).

Handbike : **WH1, WH2, WH3, WH4, WH5, MH1, MH2, MH3, MH4, MH5.**
Solo : **WC1, WC2, WC3, WC4, WC5, MC1, MC2, MC3, MC4, MC5.**
Tricycle : **WT1, WT2, MT1, MT2.**
Tandem malvoyant : **WB, MB.**
Sourds : **WS, MS.**

Art. 3 : Engagement / Inscription

Les compétiteurs doivent être engagés par leur club, officiellement affilié à la Fédération Française Handisport. Les deux licences (FFH et FFC) devront être présentées aux arbitres lors de la remise des dossards. La clôture officielle des engagements est fixée au 11 août 2024, délai de rigueur.

En cas d'engagement non conforme, non-paiement ou hors délai, une pénalité de 10 € supplémentaire devra être acquittée .
Une caution de 20 € sera demandée pour les transpondeurs.

The registration is open until the 11st august 2024. The UCI Paracycling licence must be presented to the referees when handing over the bibs.

*In case of a non-conform registration, an unpaid or a registration after the limit date , a penalty of 10€ will be acquitted.
A deposit of 20€ will be required for the transponders.*



Art. 4 : Classement / Classification

Le classement général du Challenge de Bretagne de Paracycling récompensera le vainqueur de chacune des catégories engagées et ayant disputé l'ensemble des quatre manches.

Le classement sera établi à l'addition des places sur chacune des manches. Le ou la cycliste qui totalisera le plus petit score l'emportera. En cas d'égalité de points, le ou la mieux classé.e sur la manche finale, le contre-la-montre à Ploërmel, sera déclaré.e vainqueur.e de sa catégorie et du challenge.

The general classification of the Challenge de Bretagne de Paracycling will reward the winner of each of the categories entered and having competed in all four rounds.

The ranking will be established by adding the places in each round. The cyclist with the lowest score will win. In the case of equality on points, the best ranked in the final time trial in Ploërmel will be declared the winner of their category and of the challenge.

Art. 5 : Protocole / Protocol

La remise des prix sera organisée à l'issue de la 4^e manche disputée à Ploërmel le dimanche 25 août 2024. Le premier de chacune des catégories seront récompensés.

The prize giving will be organized at the end of the 4rd round disputed in Ploërmel on Sunday August 25, 2024. The first of each category will be rewarded.



Inscription QR Code

Les engagements et paiements pour **une, deux, trois ou quatre courses** doivent être faits sur le site suivant :
*Registrations and payments for **one, two, three or four races** will be done online via the following link :*

<https://www.helloasso.com/associations/handisport-pays-de-ploermel/evenements/3-challenge-breton-des-3p>



Particular warning

The paracycling UCI licence 2024 must be presented for the deliverance of the bibs.
On the paracycling road races, all riders must wear a helmet with the dominante color of their own category.

Color of the helmet - category :

Red : WC5 - MC5 - MT2 - WH4 - MH4 – MB

White : WC4 - MC4 - WH3 - MH3 – WB - WT2

Blue : WC3 - MC3 - MH2 - WT1

Black : WC2 - MC2 - MT1 - WH5 - MH5

Yellow : MC1 - WC1 - WH2

Green : MH1

Orange : WH1 - MS

Anti-doping control

The location of the anti-doping control is :

Saturday 24th august : Services techniques, Edouard Branly street, 56800 Ploërmel

Sunday 25th august : Services techniques, Edouard Branly street, 56800 Ploërmel



Registration

The registrations and payments will be done online via the following link :

www.helloasso.com/associations/handisport-pays-de-ploermel/evenements/3-challenge-breton-des-3

In case of a non-conform registration, an unpaid or a registration after the limit date , a penalty of 10€ will be acquitted.

A deposit of 20€ will be required for the transponders.

Youth categories

Riders must be entered by their club, officially affiliated with an national federation.

The UCI license must be presented to the referees when handing out the bibs.

The official closing date for commitments is August 11, 2024, the strict deadline.

The amount of the commitment is 2 euros for U15, free for other youth categories.

Contacts :

Leroy Christian - +33 6 08 16 39 26 - cs.leroy@free.fr

Genevée Steïphane - +33 6 81 98 70 84 - sagenevee@gmail.com

Limeul Didier - +33 6 22 66 43 13 - didier.limeul.1@cegetel.net

Club Hpp - hpp@live.fr

Social pages : facebook - <https://www.facebook.com/HandisportPaysdePloermel>

Linkedin - <https://www.linkedin.com/company/85889519/admin/>



Accomodation

The accommodations listed below have at least one bedroom with a PRM accessible bathroom.

Gîtes :

- [Gîte Bois - Chez Karine et David](#) à Guilliers (tél : 06 29 93 12 72 / 02 97 74 58 49)
- [Gîte La Colombe](#) à La Croix-Helléan (tél : 06 81 90 05 75 / 02 97 75 64 37)
- [Gîtes Maringotte de Brocéliande](#) à Concoret (tél : 06 80 67 31 88)
- [Gîte Les Néfliers](#) à Mauron (tél : 06 42 18 11 93 / 06 30 46 21 14)
- [Gîte Le Val aux fées](#) à Campénac (tél : 02 97 93 12 16)
- [Gîte La Galnais](#) à Ploërmel (tél : 06 10 79 08 20)
- [Gîte Le Cas du Val](#) à Tréhorenteuc (tél : 06 74 17 40 38)
- [Gîte La Grange de Merlin](#) à Concoret (tél : 06 72 90 41 96)
- [La Maison de Mathurine](#) et [Le Courtil de la Roche](#) à Guillac (tél : 06 81 51 24 26)
- [Gîte de la Grée](#) à Cruguel (tél : 06 77 92 72 13)
- [Gîte Le Point du Jour](#) à Guillac (tél : 02 99 49 59 50 / 06 76 41 89 72)

Hôtels :

- [Le Brit Hôtel L'Hippodrome](#) à Ploërmel
- [L'hôtel Au Relais de L'Oust](#) aux Forges de Lanouée (près de Josselin)
- [L'Hôtel Le Roi Arthur](#) à Ploërmel (tél : 02 97 73 64 64)

Ploërmel is located at 35 minutes from Vannes and 45 minutes from Rennes.